

Active Reading

Why It's Important

1. You want to make use of the time you spend!
2. It will help your performance in class!
3. As you continue developing the skill, it'll become easier!

Use this guide to set yourself up for success!

Name of reading:



What do I already know about the topic?



Have I previewed headings?



Yes

No

If you didn't, you should!

What is the main idea/most important concept(s) from the reading?



Why do I think the professor chose this reading?



Pro Tip!

Learning "sticks" better when you have prior knowledge to connect it to!

How does this reading connect to other course readings, assignments, or objectives?

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Can I think of any real life examples of concepts in the reading?

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Am I struggling to understand the reading?



Yes No



What specifically is confusing?

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How could I follow up on my confusion?

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How is the reading related to the discipline, historical context, future career, etc.?

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Could I explain the reading to someone else?



Yes No

Do I find myself rereading sentences?



Yes No

Evaluate Your Environment for Distractions!

Am I in a place where I can focus?

Yes No

Do I have the materials I need?

Yes No

Am I checking my phone often?

Yes No

Don't Be Afraid to Switch Up Your Environment!

IOWA

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