

## Office Hours 101

## **Know Before You Go!**

What's your instructors preferred title?

Expect Support Not Answers Do they want to be notified before?

Using their preferred title (Dr. Professor, etc.,) is a sign of respect Instructors provide support and provide **guidance** 

Some instructors may mention their **preference** in class or on their syllabi

## **Be Intentional!**

Be Specific!

Your instructor won't know how to help you if you don't know what you need help with! What am I hoping to get help with?



Ask Yourself

Am I confused about the content?

Am I confused about how to approach?

Am I confused about what's expected of me?

Office Hours are there to help you!