

Active Reading

Why It's Important

1. You want to make use of the time you spend!
2. It will help your performance in class!
3. As you continue developing the skill, it'll become easier!

Use this guide to set yourself up for success!

Name of reading:



What do I already know about the topic?



Have I previewed headings?



Yes

No

If you didn't, you should!

What is the main idea/most important concept(s) from the reading?



Pro Tip!

Learning "sticks" better when you have prior knowledge to connect it to!

Why do I think the professor chose this reading?



How does this reading connect to other course readings, assignments, or objectives?

Can I think of any real life examples of concepts in the reading?



Am I struggling to understand the reading?



Yes

No



How is the reading related to the discipline, historical context, future career, etc.?

What specifically is confusing?



How could I follow up on my confusion?



Could I explain the reading to someone else?



Yes

No

Do I find myself rereading sentences?



Yes

No

Evaluate Your Environment for Distractions!

Am I in a place where I can focus?

Yes No

Yes No

Yes No

Do I have the materials I need?

Am I checking my phone often?

Don't Be Afraid to Switch Up Your Environment!

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