

Final Exam Prep



The Night Before the Exam



Distractions

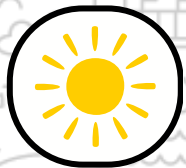
Eliminate Distractions - turn your phone off

Review

Review materials and information

Focus

Focus on areas that are difficult



The Morning of the Exam



Dress Comfortably

You want to be comfortable enough that you can focus but not so comfortable that you want to take a nap. Find the balance.

Get there early

Do not arrive after the test has been passed out. This causes a disruption to everyone in the room, and you could lose time on the test.

Take a deep breath

You have made it to the final. Take a deep breath and relax. Don't let the stress get to you. Focus on doing your best on the exam.

Final Exam Prep

Questions to ask for each Class

How much is the final exam worth?

What is the impact on your grade?

Is the final exam comprehensive?

What is the final exam's format?



Tips for Success



Attend all classes, especially during the last week of class. Professors may share information and announcements that will be helpful for final exam preparation.

Eat meals in the time leading up to the exam instead of snacking. It is important to nourish your brain and body.

Predict test questions and make yourself a practice test. This helps you identify important concepts.