



SUCCESS IN ONLINE LEARNING

TIP 1 |

Identify the format of your course

Synchronous | Meets virtually at a designated time

Asynchronous | Lectures are recorded videos that you can do on your own time

TIP 2 |

Plan weekly worktime

Even if your course doesn't physically meet, plan time each week to work on assignments, watch lectures, etc.

TIP 3 |

Get to know the technology

Your online course may ask you to use technology you haven't used before. Spend time downloading and troubleshooting the platforms before the semester begins!

TIP 4 |

Get ready for the day

- Get dressed
- Take care of personal hygiene
- Eat a nutritious meal

TIP 5 |

Establish where you will work

- Don't stay in bed
- Find public, local areas to study that aligns with your study habits (e.g., libraries, coffee shops, parks, etc.)
- Communicate with any household members if you do schooling at home

ONLINE LEARNING MYTHS

Online learning is easier than traditional classroom settings

Though most students have been solely learning in person for their entire lives, online learning takes a modified set of study and learning skills that can take time to establish.

Online learning means you are all on your own

Adjusting to online settings can feel isolating, so it is important to know you are not alone! Professors, faculty, staff, and your peers are there to support you. It just looks a little different than!

You can't learn in online classrooms

Everyone struggles at some point in their academic careers. Adjusting to an online classroom can seem overwhelming, too difficult, and completely out of your comfort zone. While all of these seem true from time to time, use your resources to help you adjust. You are a capable student!



CONVERSATION PROMPTS FOR COMMUNICATING WITH PEOPLE YOU LIVE WITH

- "It would really help me learn if you..."
- "I would really appreciate some space during... in order to work on school"
- "If my class is synchronous, that means I need to be fully engaged and participate in class discussion"
- "One hour of 'in-class time' equals 2 hours of 'out-of-class' time that I need to do homework, so I need to block X amount of hours each week for coursework"

Weekly Routine

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday